

Note: Feedback from profession stakeholders on the first draft of the Entry-Level Massage Education Blueprint indicated that this sub-topic was beyond entry-level or unnecessary for safe and competent practice. The original sub-topic is provided here as a resource for interested parties. Please note that this first-draft sub-topic has not been copyedited.

Subject – Adapting Massage for Clients, Topic – Adapting Massage for Special Populations

Sub-Topic: Massage for Clients with Sensory Disabilities

Level 1

Knowledge: Attain and Comprehend

Skills: Observe and Imitate

Receive
Respond

Conditions: Having read assigned material and/or participated in a lecture, the learner will be able to:

- Define these terms: sensory disability, visual impairment, hearing impairment.
- Review these terms: disability, impairment, assistive technology, and people-first language.
- Name the two most common disabilities related to the five senses (e.g., hearing and visual impairments).
- Match these terms related to degrees of visual impairment to their written descriptions: blind, legally blind, low vision, partially sighted.
- Match these factors to consider when working with clients with visual impairments to their written descriptions: access issues, assumptions about degree of visual impairment, use of physical guidance, communication issues (e.g., use the name of a visually impaired person when addressing him or her, etc.), placement of personal items at the massage business, and interaction with service dogs.
- Match these factors to consider when working with clients with hearing impairments to their written descriptions: background noise, communication issues, working with hearing aids.
- List two cautions or contraindications when working with clients with sensory impairments (e.g., based on overall health picture as with all clients, cautions often relate to access issues, etc.).
- List two benefits or effects of massage for

Conditions: Having learned hands-on techniques in other classes and viewed an instructor demonstration, the learner will be able to:

- Imitate the instructor’s methods, communication, and behaviors during a health intake interview with a client with a disability (e.g., sit at eye level, use of people first language, use of appropriate intake questions, etc.).
- Imitate the instructor’s methods, communication, and behaviors for transferring a client from a wheelchair to a massage table.
- Try different methods for adapting a massage session to the needs of a client with a disability.

	<p>people with sensory disabilities (e.g., increased relaxation, decreased stress, reduced muscle soreness, etc.).</p> <ul style="list-style-type: none"> List three appropriate massage forms or styles for a client with sensory disabilities (e.g., a variety of forms may be appropriate based on the client’s level of health and vitality, etc.). List two self-care recommendations a therapist might make to client with sensory disabilities (e.g., based on the client’s level of health and vitality, etc.). 	
Level 2	Knowledge: Use and Connect	Skills: Practice and Refine
Apply	<p>Conditions: Having participated in a classroom discussion, the learner will be able to:</p> <ul style="list-style-type: none"> Discuss the access challenges faced by clients with sensory disabilities and ways to reduce these challenges in a massage practice. Discuss the benefits and effects of massage for clients with a sensory disability. Discuss the contraindications and cautions of massage for clients with a sensory disability. Discuss appropriate massage forms and styles for clients with a sensory disability. Discuss self-care recommendations to support a client with a sensory disability. Analyze mock health forms, interview responses, and assessment results of three clients with a sensory disability. 	<p>Conditions: Having practiced hands-on techniques in other classes, the learner will be able to:</p> <ul style="list-style-type: none"> Demonstrate appropriate communication, and behaviors during a health intake interview with a client with a disability. Demonstrate appropriate methods, communication, and behaviors for transferring a client from a wheelchair to a massage table. Demonstrate appropriate massage forms and styles to the needs of a client with a disability. Modify massage forms and styles based on feedback from the client. Modify massage forms and styles based on felt sensations during the application of strokes. Demonstrate effective and appropriate communication with clients during practice sessions.
Level 3	Knowledge: Choose and Plan	Skills: Naturalize and Adapt
Problem Solve	There are not relevant learning objectives for level 3 of the cognitive domain for this sub-topic.	There are not relevant learning objectives for level 3 of the cognitive domain for this sub-topic.